Transition Notebook for Students with Autism



Developed by Columbia Regional Program Autism Services

ACKNOWLEDGEMENTS

The following individuals and organizations provided information which was invaluable in the development of this notebook:

Student Transition Checklist adapted from:
Salem-Keizer Student Services Transition Packet, 1996

One Minute Behavior Reference adapted from: Hedi Bayless and Jan Jantzen

Entire Section of Classroom Adaptations adapted from: Columbia Regional Program Transition Planning Packet, 1998

Interests and Goals, Part II – Personal adapted from: Union-Baker ESD

Behavior Information, Personal Management Issues, Communication and Vocational, Part I Forms adapted from:

Columbia Regional Programs Student Information Packet, 1992, developed by Cindy Cuellar, Jennifer Davis, Marci Hammel, Pat Hill, Cindy Mastrandrea, Lori Nishimura, Lori Van Meter, and Jean Davidson

Anyone who has worked with students with autism can tell you how important it is to have key information passed on with the student at every transition. This key information needs to be made available to the receiving team prior to the student's first day of attendance. Up to this point sending teams have used a variety of methods to share information with receiving teams. Some of the ways of sharing information have worked well and some not so well. Unfortunately, all too often, information has not been shared because there has not been a vehicle for having this happen. When important information is not forwarded it can spell disaster. The student might start exhibiting behaviors that s/he had not exhibited in quite awhile. Due to the behaviors, the student does not make progress on his/her IEP goals and objectives. Parents are angry because strategies that had previously been in place and had been effective are not being used. Teams get frustrated because they are trying to figure out how to best meet the needs of the student, but a lot of valuable time is lost in the process.

This notebook contains a section for pertinent information pertaining to every major transition in the school career of students with autism. Those transitions include: Early Intervention to Early Childhood Special Education (ECSE); ECSE to primary school age; primary to middle school; middle school to high school; high school to post secondary; and post secondary to adult services. If sending teams take the time to complete each pertinent section and update information where appropriate, smooth transitions will be assured for all students with autism. In addition, the difficulties described above can be averted. The hope is that with the information contained in this notebook receiving teams will be well prepared to welcome students with autism into their programs.

If you are the teacher/case manager of a transitioning student (going on to new teacher or environment), you'll want to start with the *Flowchart* to guide you through the process.

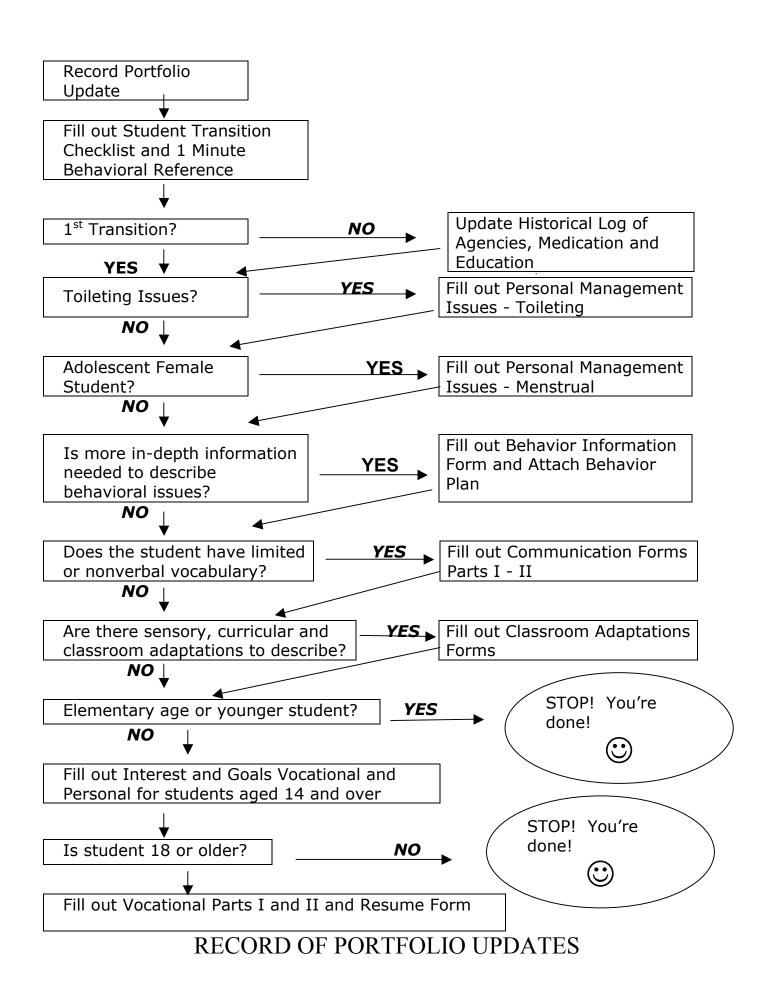
If you are the receiving teacher, you will want to start with the *Transition Checklist* and then refer to subsequent sections for additional information. Check the *Portfolio Updates* section for information on how to contact the sending teacher.

Thanks to all who have invested time and energy in an effort to better serve students with autism. In addition, we would like to thank the Oregon Department of Education for awarding us the grant that made this project possible.

Columbia Regional Program, Autism Services

833 NE 74th Ave. Portland, OR 97212 (503) 916-5570 Serving Multnomah, Clackamas, Hood River and Wasco Counties

FLOWCHART



(Transitions to new settings, class, teachers, etc.)

Student Name	Student #
Student Name	Student #

DATE	NAME	TITLE	TELEPHONE	LOCATION/AGENCY

ner:		
ngerous or Extreme navior		
betes		
ergies		
zures		
dications		
HEALTH CONCERNS	NO	YES, see protocol or attached descri
IEP Due Date	3rd	d Year Re-evaluation Due Date
Educational Surrogate Nar	me and Pl	hone Number
Interpreter/Language		
Emotionally Disturbed	Other I	Health Impaired Orthopedic Impairme
Handicapping Conditions:		Retardation Vision Hearing Auti
Length of Day	(Current Placement
Teacher		Telephone
Address		Work Phone
_		Home Phone
Address		Work Phone
		Home Phone
Student #		DOBAge
		Date

Student Name _____ Student # _____

FAMILY COMMUNICATION	CURRENTLY SUCCESSFUL STRATEGIES	TOOLS/ASSISTANCE NEEDED FOR SUCCESS (i.e.,interpreter,transportation)		
Notebook (attach sample)				
In-person school visit w/teacher				
In-person school visit w/team				
Home visit				
Best time of day to call or visit				
Other:				
AGENCIES INVOLVED	CONTACT NAME/#	SERVICES PROVIDED		
REINFORCEMENT	LIKES	DISLIKES		
Work				
Leisure				
Friends				
Food				
School Subject				
Other:				
Student Name		Student #		

		BRIEFLY DESCRIBE ALL THAT APPLY
COMMUNICATION SYSTEM		
VERBAL		
SIGN		
VISUAL		
ОВЈЕСТ		
AUGMENTATIVE (Ex: Voice Output System)		
*See attached Co	mmun	ication Profile for additional information.
MOBILITY/EQUIPMENT	NO	YES, see protocol or attached description

MOBILITY/EQUIPMENT NEEDS	NO	YES, see protocol or attached description
Mobility		
Equipment		

BEHAVIOR NEEDS: What support from staff does the student need in the following settings? Please check the appropriate box.

WITHIN THE CLASSROOM	1:1	MODERATE	MONITOR	INDEPENDENT
(See attached description or	f comi	ments/strategies fo	or support/ types o	f prompts needed)
Instructional activities				
Job related activities				
Leisure time (See Social/Leisure Section)				
Large group				
Small group				

Student Name				

WITHIN THE SCHOOL	1:1	MODERATE	MONITOR	INDEPENDENT
Regular classroom				
Lunch				
Assemblies				
Hallways				
Job sites				
Recess				
Bus				
				ſ
WITHIN THE COMMUNITY	1:1	MODERATE	MONITOR	INDEPENDENT
Bus				
Stores				
Leisure opportunities				
Jobs				
TRANSITIONS	1:1	MODERATE	MONITOR	INDEPENDENT
Within the classroom				
Within the school				
Within the community				
PERSONAL MANAGEMENT	4.4	MODERATE	MONITOR	INDEDENDENT
	1:1	MODERATE	MONITOR	INDEPENDENT
Toileting				
Dressing				
Eating				
Hygiene				
Other:				

#	5 Tips or Interesting Quirks You've Discovered That "Make or Break It" for this Student Each Day. *
1.	
2.	
3.	
4.	
5.	* Use additional page if peeded. (Form STC Supplement)

^{*} Use additional page if needed. (Form STC-Supplement)

Student Name	Student #

SOCIAL/LEISURE				
CURRENT ACTIVITIES	LEVEL OF INDEPENDENCE/ASSISTANCE NEEDED TO PARTICIPATE			
Swim				
Bike				
Walk				
Basketball				
Movies				
Bowling				
Board Games				
Video Games				
Listen to Music				
Read				
Other				
Other				
Other				

GOALS FOR FUTURE ACTIVITIES	INTERVENTION/ TOOLS NEEDED FOR SUCCESS

STUDENT TRANSITION CHECKLIST SUPPLEMENT

Student Na	me Student #
#	Additional Tips & Interesting Quirks You've Discovered That "Make or Break It" for this Student Each Day.
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

PERSONAL MANAGEMENT ISSUES

Student Name	Date
Student # C	Completed By
TOILETING:	
1. Indicates toileting needs (how	you can tell (s)he needs to go)
2. Goes to/from bathroom (descri	be assistance needed
3. Toilets self (describe assistance	ce needed)
	pe assistance needed)
5. Washes hands (describe assist	tance needed)
6. Toileting symbol/sign used _	
7. Toileting schedule	

PERSONAL MANAGEMENT ISSUES

Studer	nt Name	Date		
Studer	nt #	Completed By		
MENS	STRUAL (CYCLE		
<u>YES</u>	<u>NO</u>			
		1. Has student started cycle?		
		2. Is menstrual cycle regular?		
		3. Does student exhibit PMS symptoms?		
		If yes, please describe		
		4. Does student take medication for pain/PMS? Please list:		
5. What assistance does the student need to care for menstrual needs?				
6. Oth	ner:			

HISTORICAL INFORMATION

Student Name		Date		
Student #		Completed By:		
PAST MEDICA (For behavior/seiz		DATES GIVEN	REACTIONS/REASON DISCONTINUED (Side effects/benefits)	
EDUCATIONAL H	HISTORY:			
PLACE	DATES	NOTES (Type of class/Length of day/x per week)		
EI/Pre-K:				

Student Name		Student #
PLACE	DATES	NOTES (Type of class/Length of day/x per week)
ELEMENTARY		
Kindergarten:		
First Grade:		
Second Grade:		
Third Grade:		

Fourth Grade:

Fifth Grade:

PLACE	DATES	NOTES (Type of class/Length of day/x per week)
MIDDLE SCHOOL		
Sixth Grade:		
Seventh Grade:		
Eighth Grade:		

PLACE	DATES	NOTES (Type of class/Length of day/x per week)
HIGH SCHOOL		
Freshman:		
Sophomore:		
Junior:		
Senior:		

Student Name _____ Student # _____

PLACE	DATES	NOTES (Type of class/Length of day/x per week)
POST		

HISTORICAL LOG OF AGENCIES

Student Name	Student #	

AGENCIES INVOLVED	CONTACT NAME/#	DATES & SERVICES PROVIDED	DATES OF SERVICE

ONE MINUTE BEHAVIOR REFERENCE

Student Name	e Student #		
Date Comp	oleted By		
Preferences/Reinforcers	Dislikes/Triggers	Emergency Procedures (Behavior Plan)	
ALWAYS Needed (Strategies for Success)	Warning Signals		

BEHAVIOR INFORMATION

Student Name		Date
Student #	Completed By	

	Ratings	Frequency of Occurrence
Diago indicata	0	Never occurs
Please indicate behaviors exhibited	1	Intermittent occurrence
by the student using	2	One to three times per week
the following ratings:	3	Occurs daily (list average frequency)
	4	Only under certain circumstances

Please attach a copy of the student's behavior plan, if s/he has one.

Circle #	Behavior: (Check box if addressed in behavior plan)	When/How Exhibited:	What It Means	What We Do
01234	☐ Hits others			
01234	☐ Throws objects			
01234	□ Spits			

Student Name ₋	Student #

Circle #	Behavior: (Check box if addressed in behavior plan)	When/How Exhibited:	What It Means	What We Do
0 1 2 3 4	☐ Ignores cues			
01234	☐ Refuses to work (familiar tasks)			
01234	☐ Off task			
01234	☐ Grabs objects			
01234	☐ Leaves seat/ wanders off			
0 1 2 3 4	☐ Runs away			
01234	☐ Bites others			

Student Name	Student #	

Circle #	Behavior: (Check box if addressed in behavior plan)	When/How Exhibited:	What It Means	What We Do
01234	□ Screams			
0 1 2 3 4	☐ Scratches/ pinches others			
01234	☐ Kicks			
01234	☐ Head butts			
01234	☐ Makes vocal noises			
01234	☐ Engages in self stimulation			

Student Name	Student #
Stildent Name	STUDENT #
Student Name	Staucht "

Circle #	Behavior: (Check box if addressed in behavior plan)	When/How Exhibited:	What It Means	What We Do
01234	☐ Complies to cues			
01234	☐ Bites self			
01234	☐ Hits self			
01234	☐ Other self injurious behavior			
01234	□ Works independently (familiar tasks)			
01234	☐ Other: (Please describe)			
01234	☐ Other: (Please describe)			

COMMUNICATION Part I

Student Name		Date
Student #	Completed I	Ву
If the Student Uses	/Understands Sign Lan	guage, Please Indicate:

Pleas	Please Indicate the Modified Signs Used/Understood.			
Word	Hand Shape	Palm Orientation	Placement	Movement

Please use supplemental pages for additional words.

COMMUNICATION Part II

Student Nan Student # _	ne	Completed By	Date :
If the S	tudent Use	s/Understands Sign Lan	guage, Please Indicate:
II the 3		☐ Signed English	□ Modified

If the Student Uses/Understands Symbols, Please Describe Visuals Used:	
☐ object symbol	□ photo
☐ color pictures☐ b/w line drawing	□ written words□ lower case□ upper case
	″ size of pictures

If the Student's Vocabulary Is Limited, Please Indicate the Signs/Symbols/Gestures Used/Understood:		
1	11	21
2	12	22
3	13	23
4	14	24
5	15	25
6	16	26
7	17	27
8	18	28

9	19	29
10	20	30

ENVIRONMENTAL/SENSORY ADAPTATIONS

Student NameDat		Date
Student #		Completed by
Т	eam Members	
	Environmental Adaptations Needed	Description/Comments
P	lease note any difficulties	related to the environment or setting that you have observed:
	eg. sensitive to noise, lig	hts, movement, crowding, touch, odors, etc.
	Lighting	
	Seating	
	Color coding/labeling	
	Limiting distractions	
	Physical boundaries, e.g. rpet square	
	Sensory integration	
☐ pe	Adaptive equipment, e.g. ncil grip, weighted vest	
□ ea	Quiet environment or rphones	

ENVIRONMENTAL/SENSORY ADAPTATIONS (Continued)

Student Name	Student #	

Environmental Adaptations Needed	Description/Comments
	ed to the environment or setting that you have observed: lights, movement, crowding, touch, odors, etc.
Materials to manipulate,e.g. Koosh ball	
□ Other sensory issues:	

SELF-MANAGEMENT NEEDS

Student Name	Date
Student #	Completed by
Team Members	
Needed for Self Control/ Self Management	Description/Comments
_	lated to self control or self management ou have observed.
☐ Prepare ahead	
☐ Gradually introduced to new situations	
☐ Reinforced for good behavior in the presence of triggers	
☐ Transitions schedules (charts, pictures, photos) *attach sample	
☐ Relaxation routine	
☐ Regularly scheduled breaks and break area	
☐ Cognitive picture rehearsal/guided imagery	
☐ Social Stories	
☐ Best time of day for teaching new skills or working on challenging activities	

SCHEDULES & VISUAL STRUCTURE Part I

Student Name		Date
Stu	dent #	Completed by
Tea	m Members	
Ro	outines/Schedules Needed	Description/Comments
1	<u>-</u>	related to scheduling and transitions that in have observed.
	Visual schedule: written/pictures *attach sample	
	Same routines daily	
	Same language of truction	
	Planned motivating quence of activities remack)	

SCHEDULES & VISUAL STRUCTURE Part II

Student Name	Date
Student #	Completed by
Team Members	
Knowledge of Expectations Needed	Description/Comments
Please note any difficulti	ies related to scheduling and transitions that you have observed.
☐ Transition cues	
☐ Contingency management:	
□ Concrete methods to demonstrate: • order • the amount of task • what finished looks like	
☐ Templates	
☐ Timers/clocks	

CURRICULUM ADAPTATIONS

tudent Name Date	
Student #	Completed by
Team Members	
	,
Curriculum Adaptations Needed	Description/Comments
Please note any difficul	Ities in participating in class and completing assignments.
□ Computer	
Shortened or simplified assignments	
☐ Offer choices (needs limited	
Use strengths/interests often	
Organization systems for materials & assignments	
☐ Visual instructions	
☐ Finished model/match to sample	
☐ Highlighted information	

CURRICULUM ADAPTATIONS (Continued)

Student Name	Student #	
ocaaciic i taiiic	Statistic #	

Cui	rriculum Adaptations Needed	Description/Comments
P	Please note any difficulties in participating in class and completing assignments.	
	1apping/webbing	
□ R	Rehearsal	
	lip chart or check off list order of edure	
□ S	Social stories	
□ R	tole play	
☐ H mate	low often to review rial	

EXPRESSIVE COMMUNICATION

Student Name	Date		
Student #	Completed by		
Team Members			
Expressive Communication	Describe	What Helps	
What difficulties have you obse communicates in vario	rved? Idiosyncracies? Or dus situations, and at differen		
Asks for things/actions or attention			
☐ Asks for help			
☐ Protests/refusal			
☐ Answers questions: ☐ Yes/No ☐ "Wh" questions			
☐ Asks questions: How does s/he keep an interaction going?			
☐ Does s/he use words with idiosyncratic meaning?			
☐ Does s/he need visuals to express her/himself (ie., augmentative communication system)? Please attach copy.			

RECEPTIVE COMMUNICATION

Student Name	Date
Student #	Completed by
Team Members	
	,
Receptive Communication Needed	Description/Comments
Do any of the following app	ly to your student? If so, check and explain.
☐ Words with unpredictable or idiosyncratic meanings	
☐ Words that set her/him off?	
☐ Literalness	
☐ Time concepts	
☐ How many steps can be followed?	
☐ Processing time	
☐ Does s/he understand who, what, where questions?	
□ Does s/he need visuals for obtaining information (i.e. augmentative communication system)? Please attach copy.	

SOCIAL SKILLS

Stu	dent Name	Date
Student #		Completed by
Tea	am Members	
	Needed for Social Skills	Description/Comments
pei	rceives self/others & how others perceiv	al skills that you have observed, including how student e student. Which intervention strategies have been mic strip conversations, reminder cards)?
	Social skills training: i.e., social expectations, social cues, classroom rules, etc.	
	On-going class meetings: i.e., Circle of Friends, structured practice, problem solving.	
	Buddy systems: i.e., recess, lunch, part- time, 1 activity.	
	Group participation: i.e., social scripts, assign roles.	
	Leisure skills: i.e., 1:1 instruction on specifications, add structure to leisure time.	

VOCATIONAL Part I

Student Name		Date	
Student #	Completed by		
Team Members			

Please check the appropriate box for each skill listed:	Mastered	Limited to Context	Needs Assist/ Equipment	Needs to Learn	Not Approp
Work Related Behaviors:					
Checks own work					
Works alone					
Uses time clock					
Takes break					
Indicates when needs more work					
Indicates when needs assistance					
Household/Janitorial Skills:					
Cleaning					
Emptying Trash					
Sweeping					
Window washing					
Dusting					
Mopping					
Food Preparation:					
Clearing table					
Food preparation					
Washing dishes					
Washing tables					

Student Name	ent Name Student #				
Please check the appropriate box for each skill listed:	Mastered	Not Approp			
Food Preparation: (cont.)					
Drying dishes					
Stacking dishes					
Sorting utensils					
Office Skills:					
Running copy machine					
Preparing mailings					
Collating					
Alphabetizing					
Entering data in computer					
Filing					
Stapling					
Work Related Social Skills:					
Greets					
Respects personal space of others					
Dresses appropriately					
Personal grooming					
Eating habits					
Self care/hygiene skills					
Other:					

Part II

Student Name	Date		
Student #	Completed By		
Please describe assistance/equipment needed for item checked on previous page:			
Item	Type of assistance/equipment/materials needed		

INTERESTS & GOALS Part I - Vocational

Student Name	Date
Student #	Completed By
VOCATIONAL INTERESTS	Activities/Steps Taken to Address These Interests
<u> </u>	r
GOALS	Activities/Steps Taken to Address These Goals

INTERESTS & GOALS Part II - Personal

Student Name	udent NameDate				
Student #	C	Completed By			
	Interests	Goals	Placement (Personnel, Support Needs, Intervention)		
Home:					
School:					
Community:					

Other:

Job Resume Information

Student I	NameDate			te		
Student	#		Completed By			
Plea	se c	complete the follow		nformation in sume.	n prej	paration of a final
Name						
Address						
Telepho	ne			SS #		
Date of Birth				Graduation Date		
Date		Place of Work Contact Person Idress & Phone #	Sk	xills Perform	ed	Adaptations & Staffing Support System

SAMPLE RESUME LAYOUT

[Name]

[Address]
[City, State, Zip]

[Telephone #]

Objective:

[Objective]

Education:

Replace Institution with Name Name of Degree, Field of Study Year **Replace** with Institution Name Field Name of Degree, of Study Year

Employment:

Replace with Job Title Name of Organization/Employer

Dates

Replace with responsibilities and achievements

Replace with Job Title Name of Organization/Employer

Dates

Replace with responsibilities and achievements

Replace with Job Title Name of Organization/Employer

Dates

Replace with responsibilities and achievements

Skills, Interests and Accomplishments

[Skills, Interests & Accomplishments]